

Irving Recreation Center

Summer Day Camp

Grades 3 through 4

Welcome to Summer Day Camp!

This week in our Wise Kids lessons we will be learning about calories! Campers will learn where calories come from and how many they should consume to be sure they are living in "energy balance." Also, please remind your camper is bringing a book to camp everyday. Campers personal read for 15-20 minutes everyday!

This Week's Highlights

Monday June 17th-Library and Champions Field Trip!

In the morning we will be walking to South Branch Library (27th & South). Please send a backpack with your child to carry their books in. While at the Library we will be attending a program where we will meet the Salt Dogs. In the afternoon we will be going to Champions Fun Center. We will leave at 2:30 and return at 3:30. Please remember to have campers wear their green camp shirt and socks. Campers will be given a pass for the Adventure Maze and tokens to play games.

Tuesday June 18th-Swimming!

In the morning we will be doing team challenges and "Just Recreation Time" at the center. In the afternoon, we will be walking to Irvingdale Pool. We will leave the center at 11:20 and return at 1:10. Don't forget to pack a swimming suit, sunscreen, and a towel. In the afternoon we will be having Fitness with Scott in the gym.

Wednesday June 19th-Yoga, Tennis and Water Day!

In the morning we will be having "Just Recreation Time" in the gym. In afternoon we will be have rotations, which include Yoga and Tennis. We will also having a water day! Please have campers bring their swimming gear to change into for these activities.

Thursday June 20th-Yoga, Tennis and Clubs!

In the morning we will be walking to South Branch Library. Please send a backpack with your child to carry their books in. While at the Library we will be attending a program called "The Physics of Music". In afternoon we will be have rotations, which include Yoga and Tennis. In the afternoon we will have having enrichment clubs. Campers will get to attend two clubs of their choice!

Friday June 21st-Archery and Swimming!

In the morning we will be doing rotations. Campers will do a craft activity and archery! In the afternoon, we will be walking to Irvingdale Pool. We will leave the center at 11:20 and return at 1:10. Don't forget to pack a swimming suit, sunscreen, and a towel. We will also be having "Just Recreation Time" in the gym.

Payment Due June 17

Payment for weeks 5-8 is due Monday, June 17. We accept cash, check, credit and debit card payments. You can also now pay online. Visit parks.lincoln.ne.gov, click the "ePay" button, and select Parks and Recreation classes and registration.



Important Reminders

Our camp rules are:

- Be safe
- Be respectful
- Be responsible

Bring meals in an insulated container. Refrigeration and microwave s are not available.

Wear tennis shoes to camp. Sandals and flip-flops are not safe options for camp activities.

Leave valuables at home (including money, cell phones, portable video games, etc.)

Label sunscreen and water bottles with your name.

Do not hesitate to ask when you have questions or comments.

Contact Us

402-441-7954